

IV. Why This Matters

The spiritual disciplines, “enable us, who have been made righteous by Christ, to breathe more deeply the resources that God freely and lovingly provides for the wisdom, joy, and strength of Christian living.” (Bryan Chapell)

Class Schedule Overview

Teachers:

1	Introduction
2	All of life worship
3	Bible Intake I
4	Bible Intake II
5	Prayer
6	Confession of sin
7	Fasting
8	Evangelism
9	Serving
10	Stewardship
11	Cultivating Spiritual Fruit I
12	Cultivating Spiritual Fruit II
13	Perseverance

Core Seminars—How to Grow **Class 1: Biblical Spirituality & Sanctification**



I. Introduction

II. Biblical Spirituality

What does the Bible say about spirituality?

A. It is centered upon knowing the Triune God

2 Cor. 13:14

B. It consists of knowing ourselves in light of Scripture.

Isa. 6:1-5

C. It is Christ-centered

Eph. 1:3-14

D. It is Gospel-centered

Eph. 2:16; 1 Pet. 3:18

E. It is a spirituality of the Word

2 Pet. 1:20-21; 2 Tim. 3:16-17

F. It is a Corporate spirituality, lived out in loving fellowship with other believers

Eph. 4:11-16

III. Sanctification and the Spiritual Disciplines

A. Sanctification has a definite beginning at conversion

1 Cor. 1:2

B. Sanctification increases throughout life

Rom. 6:19; Phil. 3:12-15; Heb 12:14

C. Sanctification is completed when Christ returns

Phil. 3:21; 1 John 3:2; 1 Cor 15:49;
2 Cor. 3:18; Rom. 8:29-30; Eph 1:4

D. Implications for our practice of the spiritual disciplines

1. We practice the spiritual disciplines because we have already been sanctified in Christ.

Rom. 8:3-8

2. We practice the spiritual disciplines because we need to grow in godliness.

Rom. 6:6-14

The spiritual disciplines are a means to godliness (1 Tim. 4:7-8).

3. We practice the spiritual disciplines because our hope of glory in Christ is certain.

1 John 3:3; Rom. 8:30